

Wearable Multimodal Sensing System for Synchronously Health–Environmental Monitoring via Hybrid Neuroevolutionary Signal Decoupling

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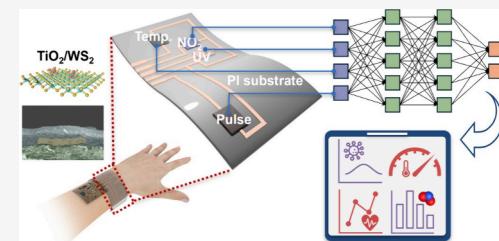
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ABSTRACT: Wearable sensors are advancing personalized healthcare and environmental safety, yet integrating multimodal sensing remains challenging due to material incompatibility, cross-sensitivity, and environmental interference. To address this gap, we present a monolithic wristband-integrated multimodal sensing platform for simultaneous environmental and physiological monitoring. The system integrates sensors for NO₂, UV irradiance, epidermal temperature, and human pulse signals. A TiO₂/WS₂ heterojunction-based resistive transduction matrix, as the core sensing material, achieves room-temperature NO₂ detection (theoretical limit of detection of 14.4 ppb) with 12-month stability, UV intensity measurement (0.024–1.68 mW/cm²), epidermal temperature monitoring (25–50 °C, sensitivity of 0.22%/°C), and arterial pulse waveform analysis (P–T–D peak resolution). A hybrid neuroevolutionary algorithm (GA-BP) decouples photo-gas interference, reducing quantification errors to <3.5%. Flexible electronics and selective encapsulation (PDMS, PET shielding) ensure mechanical durability and accurate signal acquisition. The platform demonstrates multifunctional capabilities that enable point-of-care health and environmental monitoring, bridging personalized diagnostics with exposure assessment.

KEYWORDS: *TiO₂/WS₂ heterojunction, multimodal sensing system, wearable electronics, signal decoupling, GA-BP neural network*



Wearable sensors have emerged as pivotal tools for real-time physiological data acquisition, advancing applications in personalized healthcare and clinical diagnostics.^{1–4} State-of-the-art systems encompass diverse modalities: electrochemical sweat sensors for metabolite profiling (e.g., glucos and lactate), piezoresistive pulse sensors for cardiovascular monitoring,⁵ and thermistors for core body-temperature tracking. Recent advancements extend their utility to environmental safety, particularly for ultraviolet (UV) radiation and hazardous gas detection. Chronic UV exposure is a well-documented etiological factor in dermatological pathologies, including actinic keratosis, basal cell carcinoma, and melanoma.^{6,7} Concurrently, nitrogen dioxide (NO₂), a byproduct of vehicular emissions, exacerbates respiratory morbidity through oxidative stress and airway inflammation, contributing to conditions such as chronic obstructive pulmonary disease.^{8–12}

The integration of multimodal sensing capabilities into unified wearable platforms represents a critical frontier, yet significant challenges persist.^{13,14} Conventional fabrication methods—such as screen printing, inkjet patterning,^{15,16} and drop casting—suffer from material heterogeneity and structural incompatibility, undermining device reproducibility. These limitations necessitate the development of homogeneous sensing materials capable of transducing multiple stimuli while maintaining consistent performance metrics.^{6–17} A

unified sensor architecture is equally critical to streamline manufacturing and enhance scalability.¹⁸ A persistent challenge lies in mitigating cross-sensitivity and environmental interference, particularly for room-temperature gas sensors susceptible to UV irradiation and humidity.¹⁴ Additional confounding factors include baseline drift and mechanical deformation artifacts induced by substrate flexure.^{8–19} Addressing these issues requires synergistic strategies: (1) tailored encapsulation to isolate sensing elements from external perturbations and (2) advanced signal processing algorithms for noise suppression and signal decoupling.¹¹

Two-dimensional transition metal dichalcogenides (2D TMDCs) such as tungsten disulfide (WS₂) offer exceptional promise for multimodal sensing due to their tunable bandgaps (1.3–2.1 eV) and high surface-to-volume ratios.^{20,21} Heterostructures engineered by coupling TMDCs with metal oxides (e.g., titanium dioxide (TiO₂); $E_g = 3.2$ eV) enable precise modulation of charge transport dynamics via band alignment,

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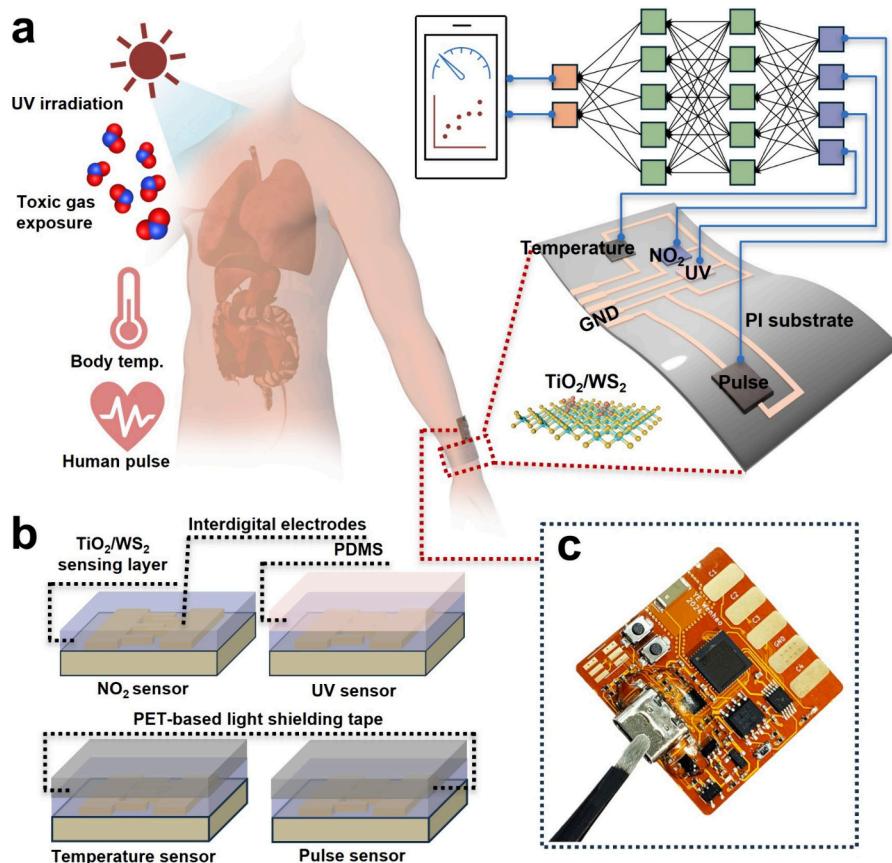


Figure 1. Schematic of the integrated wearable multimodal sensing system. (a) Functionality and architecture of the integrated wearable multimodal sensing system. (b) Device structure of NO₂, UV, temperature, and pulse sensors. (c) Photograph of the FPCB.

enhancing sensitivity and selectivity beyond pristine materials.^{22,23} Herein, we present a wrist-worn multimodal sensing platform for the concurrent monitoring of environmental NO₂, UV irradiance, epidermal temperature, and human pulse signals (Figure 1). The system employs a TiO₂/WS₂ nanocomposite as a universal sensing material,^{24,25} deposited via screen printing on a polyimide (PI) substrate with patterned copper (Cu) interdigitated electrodes (IDEs) for monolithic integration (Figure 1a). Selective parameter detection is achieved through optimized packaging. An unencapsulated architecture is used for direct NO₂ detection. Polydimethylsiloxane (PDMS) encapsulation is used for UV detection to eliminate gas cross-sensitivity.^{26,27} Polyethylene terephthalate (PET)-based light shielding tape (transmittance of <5% at 300–700 nm) is utilized for temperature and pulse monitoring (Figure 1b). The system incorporates a flexible printed circuit board (FPCB) for sensor driving and data real-time telemetry (Figure 1c). As a result, the wearable sensing system is capable of detecting NO₂ at room temperature with a 12-month stability, and it can accurately measure UV intensity ranging from 0.024 to 1.68 mW/cm². Meanwhile, it exhibits excellent capabilities in pressure sensing (1 N, response of ~12%, response time of 180 ms), which can be used for human pulse detection, and demonstrates a thermal sensitivity of 0.22%/°C. A hybrid neuroevolutionary algorithm (GA-BP, genetic algorithm-optimized backpropagation) decouples photo-gas interactions, achieving a <3.5% average relative error in NO₂ quantification under variable UV conditions (0–0.24 mW/cm²). Processed data are transmitted via Bluetooth to a dedicated mobile application, providing real-time

visualization of physiological and environmental parameters through an intuitive graphical user interface (GUI). This integrated system demonstrates potential for point-of-care diagnostics and longitudinal health monitoring, bridging the gap between environmental exposure assessment and personalized healthcare.^{15–28}

Figure 2a presents the schematic architecture of the TiO₂/WS₂ heterostructure-based NO₂ sensor. The sensor configuration employs a mechanically compliant polyimide (PI) substrate,^{29,30} enabling robust operation under flexural stress. A homogeneous TiO₂/WS₂ nanocomposite sensing layer deposited via screen printing demonstrated the optimal surface morphology. WT₁–WT₃ indicate 2, 5, and 7 wt % TiO₂, respectively. Figure 2b illustrates the cross-sectional configuration, highlighting the uniform coverage of WT₂ on the interdigitated Au electrodes with the PI substrate (Figure S1). Figure 2c exhibits the high-resolution transmission electron microscopy (HR-TEM) characterization of the WT₂ nanocomposite, revealing the distinct lattice fringes with interplanar spacings of 0.30 and 0.32 nm corresponding to the (004) crystallographic plane of WS₂ and the (110) plane of anatase TiO₂, respectively. These crystallographic parameters align well with the X-ray diffraction (XRD) patterns in Figure 2d and Figure S2, where characteristic peaks at 14.3° (WS₂ (002)) and 25.3° (TiO₂ (101)) confirm successful heterostructure formation.²² Complementary X-ray photoelectron spectroscopy (XPS) analysis in Figure 2e and Figure S3 verifies elemental composition through deconvoluted peaks for the W 4f, S 2p, Ti 2p, and O 1s orbitals. The observed shifts in the binding energy of the S 2p and Ti 2p peaks before and after combining

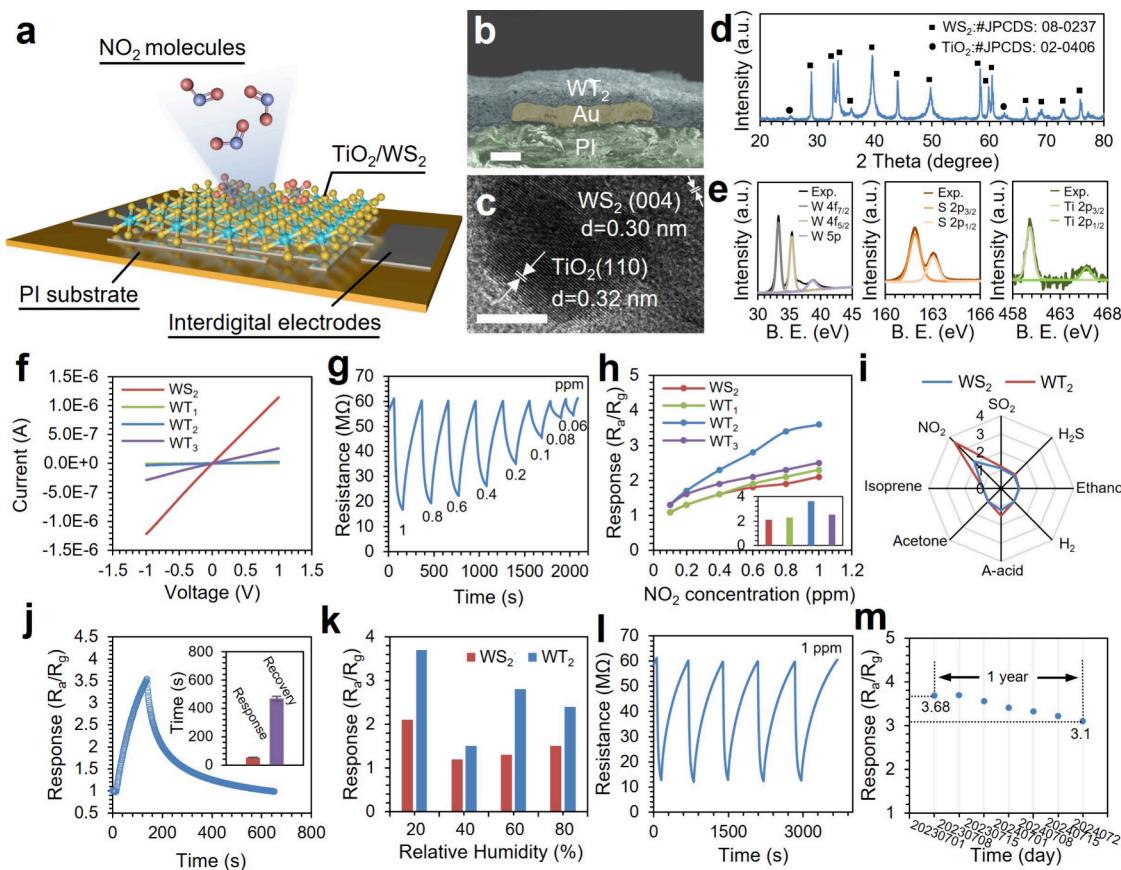


Figure 2. NO₂ sensor characterization. (a) Schematic illustration of the TiO₂/WS₂-based NO₂ sensor. (b) Scanning electron microscopy (SEM) image of the cross section of the sensor device. Scale bar, 20 μ m. (c) HR-TEM image of the WT₂ sensing material. Scale bar, 10 nm. (d) XRD pattern of the WT₂ sensing material. (e) High-resolution XPS spectra of the W 4f, W 5p, S 2p, and Ti 2p orbitals of the WT₂ sensing material. (f) I – V curves of WS₂-based sensors with different amounts of TiO₂. (g) Transient curve of WT₂ sensors vs NO₂ concentration. (h) Response vs NO₂ concentration curves of WS₂-based sensors with different amounts of TiO₂. The inset shows a histogram of the responses to 1 ppm NO₂. (i) Radar map showing a response comparison of the WS₂ and WT₂ sensors to different gases (1 ppm). (j) Plot of the response vs recovery time of WT₂ sensors to 1 ppm NO₂. (k) Histogram of the response comparison of WS₂ and WT₂ sensors to 1 ppm NO₂ with different relative humidities. (l) Transient curve of WT₂ sensors to 1 ppm NO₂ for five cycles. (m) Long-term stability of WT₂ sensors to 1 ppm NO₂.

WS₂ and TiO₂ (Figure S4) further confirm the formation of the heterojunction. TEM-energy dispersive spectroscopy (EDS) mapping confirms the homogeneous dispersion of constituent elements within the composite matrix (Figure S5).

Figure 2f delineates the current–voltage characteristics for TiO₂/WS₂ composites with varied ratios. The composite demonstrates a nonmonotonic resistance dependence on TiO₂ concentration, exhibiting an initial increase followed by a subsequent decrease. The initial increase in resistance arises from interfacial heterojunction formation between TiO₂ and WS₂,^{31,32} which establishes energy band alignment and widens the depletion region, thereby impeding charge carrier mobility. At higher TiO₂ loadings (>5 wt %), a percolation threshold is surpassed, enabling the formation of interconnected TiO₂ conductive pathways that dominate charge transport, ultimately reducing the overall composite's resistivity.^{33,34} Figure 2g and Figure S5 show the dynamic response profiles of WS₂ and WT₁–WT₃ sensors to different NO₂ concentrations. Response versus NO₂ concentration curves (Figure 2h) compare the sensing performance of WS₂-based sensors with different amounts of TiO₂, where the WT₂ composite demonstrates a substantial enhancement in its response (Res._{1 ppm} = 3.6) compared to pristine WS₂ (Res._{1 ppm} = 2.1) and TiO₂ (Res._{1 ppm} = 1.2 (Figure S7)). This performance

improvement stems from band alignment modifications at the TiO₂/WS₂ interface, where charge transfer kinetics facilitate NO₂ chemisorption through molecular orbital hybridization.³⁵ The theoretical limit of detection (LOD) of the WT₂ sensor is calculated to be 14.4 ppb (Figure S8), which can meet the requirements of environmental NO₂ detection. Selectivity assessment in Figure 2i and Figure S9 reveals that the WT₂ sensor maintains excellent NO₂ discrimination against seven interfering gases (SO₂, H₂, H₂S, C₂H₅OH, a-acid, acetone, and isoprene) at equivalent concentrations (1 ppm). The transient response profile in Figure 2j quantifies the WT₂ sensor's response/recovery kinetics. An accelerated response ($\tau_{\text{res}} = 53$ s) derives from heterojunction-enhanced charge separation efficiency (the WS₂ sensor's response time is 63 s, as shown in Figure S10). Relative humidity (RH) emerges as a critical operational parameter and indispensable environmental variable, governing gas sensor performance in real-world applications. As observed in Figure S11, the baseline resistance of WS₂ and WT₂ sensors increases as the relative humidity varies from 20% to 80%. The results reveal that as the relative humidity increases from 20% to 80%, the WT₂ sensor exhibits significantly reduced resistance variation compared to WS₂. This smaller drift in resistance under humid conditions suggests an enhanced moisture resistance in WT₂. Humidity-

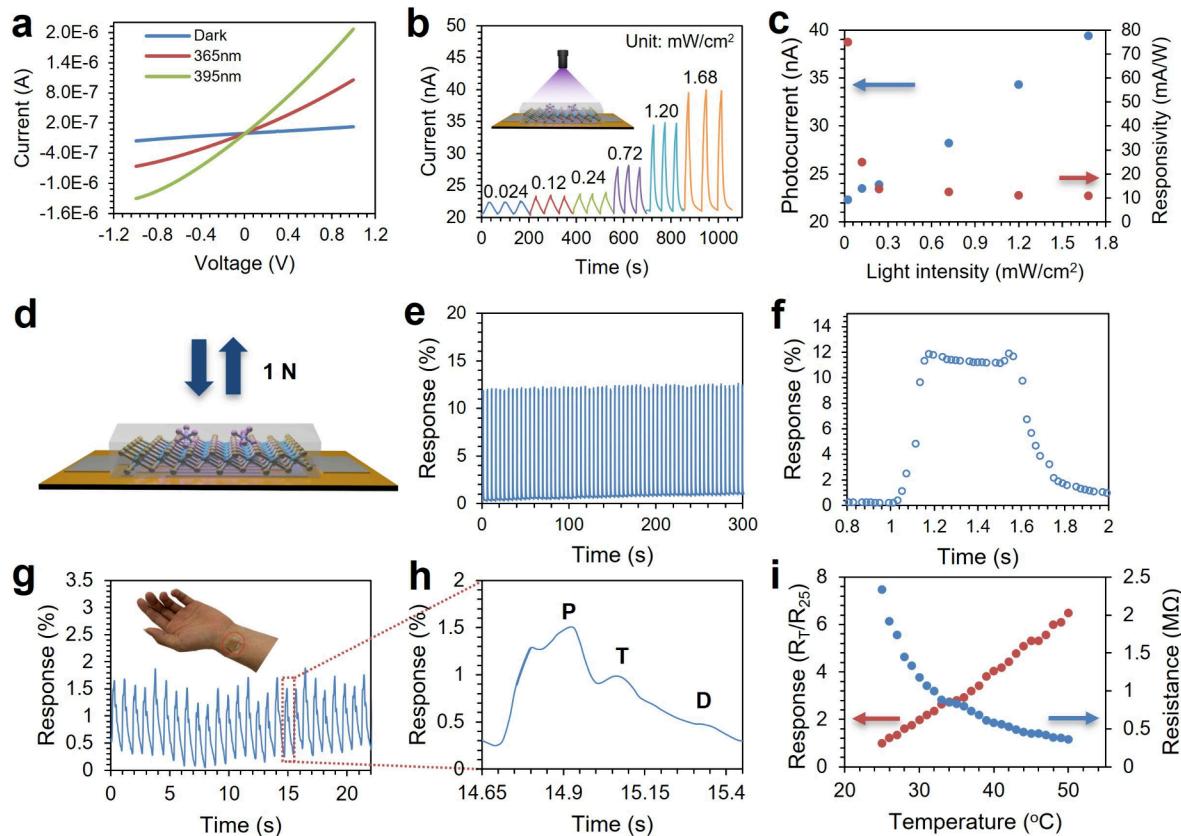


Figure 3. Performance characterization of UV, pressure (pulse), and temperature sensors. (a) I – V curve of the UV sensor (dark, 365 and 395 nm light). (b) Time-domain photoresponse to different light intensities (395 nm). (c) Light intensity-dependent photocurrent and responsivity of the UV sensor. (d) Schematic of the pressure sensor with a 1 N pressure cycle test. (e) Transient curves of a piezoelectric sensor for a 1 N pressure cycle test. (f) Plot of the response vs recovery time of the pressure sensor. (g) Human pulse test diagram of the pressure sensor. (h) P, T, and D peaks of the pressure sensor under a single waveform in a pulse test. (i) Response and resistance of temperature sensors from 25 to 50 °C.

dependent performance analysis (Figure 2k and Figure S12) shows that both sensors suffer a decrease in their response at 40% RH due to competitive adsorption of water, while at high RH (60–80%), the composite leverages water's ionic properties to recover sensitivity. Repeatability evaluation (Figure 2i and Figure S13) demonstrates preserved cyclability across five cycles, while annual stability testing (Figure 2m and Figure S14) reveals a moderate performance decline (3.68 → 3.1 response to 1 ppm NO₂), maintaining practical viability for continuous environmental monitoring applications.^{15–36}

The WT₂-based resistive UV sensor is encapsulated with PDMS to mitigate environmental interference from NO₂ and humidity. Figure 3a presents the I – V characteristics of the UV sensor at 365 and 395 nm, as well as under dark conditions. The maximum $I_{\text{light}}/I_{\text{dark}}$ values are 7.7 and 15.5 under a 0.5 V bias for 365 and 395 nm, respectively. Figure 3b shows the systematic investigation of the dependence of the photoresponse on irradiance intensity (0.024–1.68 mW/cm² at 395 nm), which reveals a linear correlation ($R^2 > 0.99$) between the photocurrent and incident light intensity, with the maximum responsivity reaching 75 mA/W at 0.024 mW/cm² (Figure 3c). For piezoresistive characterization, Figure 3d schematically illustrates the application of a 1 N normal force perpendicular to the WT₂ sensing matrix. Cyclic compression testing over 1200 cycles (Figure S15, partially shown in Figure 3e) demonstrates relatively good repeatability (standard deviation (SD) of 0.142, relative standard deviation (RSD) of 1.17%) with a consistent ~12.07% response magnitude at 1 N loading,

confirming robust mechanical durability. A single pulse (Figure 3f) extracted from Figure 3e indicates the rapid response stabilization ($\tau_{\text{res}} = 180$ ms, $\tau_{\text{rec}} = 280$ ms). Furthermore, Figure 3g presents real-time human pulse monitoring,³⁷ with Figure 3h resolving distinct P, T, and D peaks corresponding to systolic/diastolic events.³⁸ Temperature-dependent resistance analysis (Figure 3i) exhibits negative temperature coefficient (NTC) behavior (slope of response vs temperature $\alpha = 0.22\%/^\circ\text{C}$) across the range of 25–50 °C, validating WT₂'s multifunctionality and effectiveness. Meanwhile, the human body temperature (36–39 °C) causes negligible baseline drift in both NO₂ and UV sensors (Figure S16).

Figure 4a presents the response of the WT₂ sensor to NO₂ concentration (0.2–2 ppm) under UV illumination (395 nm, 0.024–0.24 mW/cm²). The range represents realistic scenarios such as full sunlight exposure, partially cloudy skies, and heavily overcast environments, aligning closely with the intensity of natural environmental solar spectra. The sensor demonstrates irradiance-dependent signal amplification, exhibiting a linear correlation ($R^2 = 0.98$ at 200 ppb NO₂) between the response magnitude and optical power density (Figure 4b). Comparative analysis reveals a 155% enhancement in response at 0.24 mW/cm² relative to dark conditions. This synergistic enhancement arises from photoactivated mechanisms: (1) UV-induced electron–hole pair generation in TiO₂, modulating NO₂ adsorption/desorption kinetics, and (2) WS₂-mediated charge transfer amplification upon NO₂ chemisorption. To resolve the photo-gas interdependencies for precise NO₂

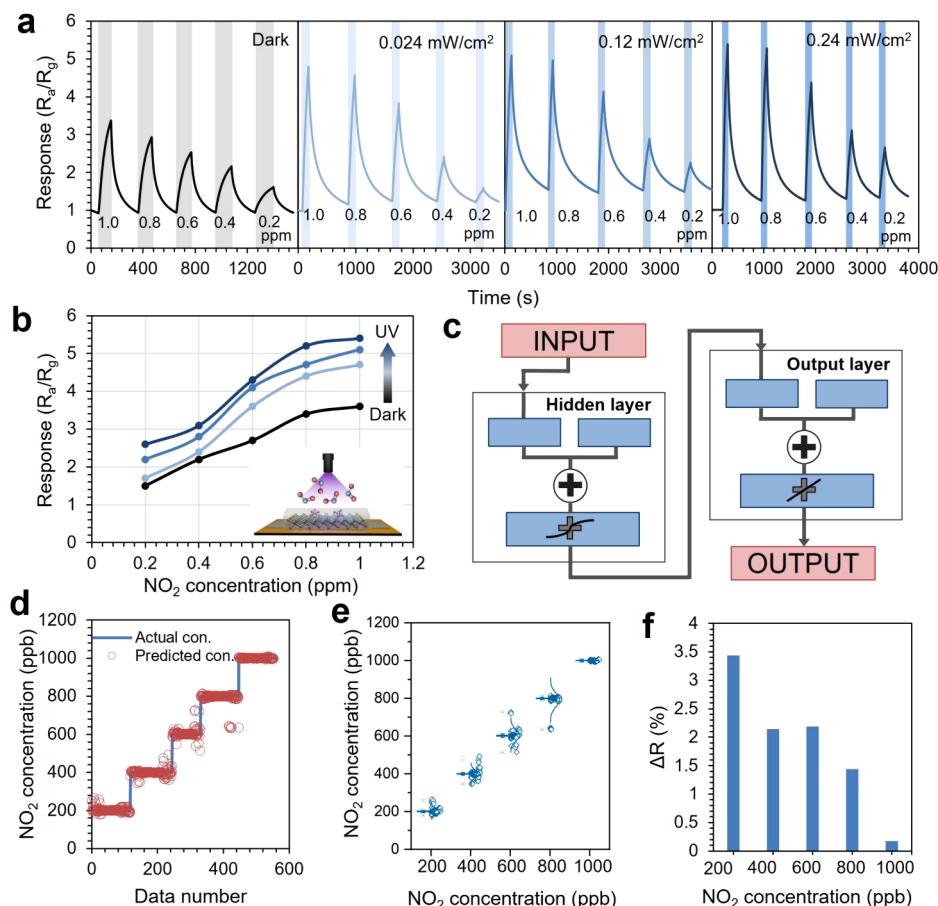


Figure 4. Effect of UV irradiation on NO_2 sensor performance and utilization of the GA-BP neural network for calibration. (a) Transient sensing curves of the WT_2 sensor to different concentrations of NO_2 under different light intensities of 395 nm UV irradiation. (b) Plot of the response vs NO_2 concentration under different light intensities of 395 nm UV irradiation. (c) Schematic diagram of the GA-BP neural network. (d) Predicted concentration by the GA-BP neural network. Data number refers to the number of data we used for algorithm processing. (e) Statistical distribution of predicted concentrations. (f) Average relative error between predicted concentrations and actual concentrations.

concentration quantification, we implement the GA-BP neural network architecture (Figure 4c). This framework addresses conventional BP NN limitations (convergence of local minima, hyperparameter sensitivity) through stochastic initialization, evolutionary optimization, and dynamic fitness evaluation,^{39,40} making it a powerful tool for complex problem solving and data-driven decision making. Figure 4d validates the model's predictive accuracy across 532 test instances, achieving a maximum mean square error (MSE) of 3.36 ppb between experimental and predicted values (Figure 4e), demonstrating significant performance improvement over the standard BP model (Figure S19). Quantification accuracy is evaluated using the average relative error (ΔR) between the predicted concentration and the actual concentration:

$$\Delta R = \frac{\text{Mean}(\text{Abs}(\text{Pre}_{\text{gas}} - \text{Act}_{\text{gas}}))}{\text{Act}_{\text{gas}}} \times 100\% \quad (1)$$

where Pre_{gas} and Act_{gas} represent the average of the predicted and actual NO_2 concentration, respectively. Figure 4f demonstrates the sub-parts per million resolution with $\Delta R < 3.43\%$ at 200 ppb NO_2 , decreasing to 0.17% at 1 ppm, which proves the reliability of our multimodal sensing system for NO_2 monitoring.

Figure 5a schematically depicts a wearable multimodal sensing system comprising an integrated sensor array patch

and an FPCB on a human forearm. The sensor array patch employs anatomical optimization. NO_2 , temperature, and UV sensors occupy the distal forearm positioning, while the piezoresistive pulse sensor is positioned over the radial artery for optimal arterial waveform detection. Figure 5b details the FPCB architecture, featuring five signal channels (R- NO_2 , I-UV, R-temperature, R-pulse, and ground (GND)) with voltage dividers for sensor signal conditioning. The system implements four-channel multiplexed scanning with 16-bit analog-to-digital conversion (ADC). The microcontroller unit (MCU) orchestrates data packetization and power management.⁴¹ Wireless connectivity via Bluetooth enables real-time telemetry to a dedicated Android application. Figure 5c showcases the heterogeneous sensor patch, where the WT_2 nanocomposite is screen-printed onto interdigitated Cu electrodes on PI substrates, achieving good adhesion stability under a 5 mm bending radius. As shown in Figure S20, we systematically compared the performance of Cu and Au electrode sensors to investigate the potential influence of the metal electrode–semiconductor contact. The results show essentially comparable performance between sensors with different electrode materials, indicating that signal changes primarily arise from the surface-sensing material layer. System integration (Figure 5d) demonstrates epidermal conformality with negligible motion artifacts during ambulatory testing. The GUI in Figure 5e visualizes time-synchronized data streams (UV index, body

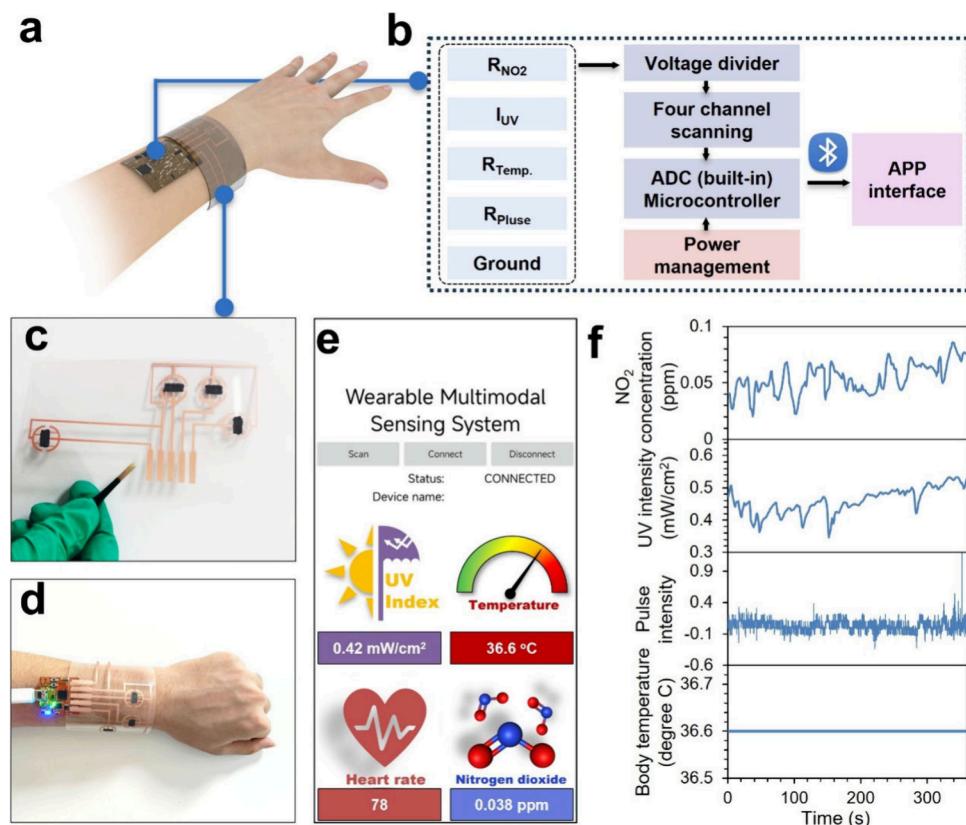


Figure 5. Continuous monitoring of the index using a wearable multimodal sensing system. (a) Schematic of the wearable multimodal sensing system with the integrated sensor patch and FPCB on a human arm. (b) Logic diagram of the circuit design. (c) Photo of the flexible integrated sensor patch. (d) Photo of the wearable multimodal sensing system in working mode. (e) App user interface. (f) Real-time recorded data using the wearable multimodal sensing system.

temperature, heart rate, and NO_2 concentration). Figure 5f presents ambulatory field-test data, demonstrating the immense potential of our multimodal sensing system in capturing the concurrent physiological baseline and environmental perturbations.

In summary, this work introduces a unified platform employing a TiO_2/WS_2 nanocomposite as a universal sensing material. The heterostructure leverages tunable bandgaps and high surface activity for enhanced NO_2 detection (response of 3.6 at 1 ppm) and UV sensing (75 mA/W responsivity at 0.024 mW/cm²), while PDMS encapsulation and PET shielding mitigate environmental interference. The system concurrently monitors physiological parameters, demonstrating a 12% resistance change under a 1 N force for pulse detection and 0.22%/°C thermal sensitivity. A GA-BP neural network resolves photo-gas crosstalk, achieving a <3.5% error in NO_2 quantification under variable UV conditions. Integrated with an FPCB and Bluetooth-enabled GUI, the platform provides real-time visualization of NO_2 , UV, temperature, and pulse data during ambulatory testing. This work establishes a scalable framework for multifunctional wearables, combining environmental exposure tracking with longitudinal health diagnostics.

ASSOCIATED CONTENT

Supporting Information

The Supporting Information is available free of charge at <https://pubs.acs.org/doi/10.1021/acs.nanolett.5c01881>.

Experimental method, SEM images, XRD profiles, XPS spectra, EDS mapping, NO_2 sensing properties, transient

curves of the piezoelectric sensor, model optimization of the GA-BP neural network, regression analysis of the NO_2 concentration, comparison of the BP and GA-BP models, and comparison of sensing performance with Cu and Au electrodes ([PDF](#))

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Author Contributions

Q.J. and W.Y. contributed equally to this work. C.W., P.S., and Q.J. conceived the idea and designed the experiments. C.W., Y.L., and P.S. supervised the research. Q.J., W.Y., and C.Z. carried out the synthesis experiment, material characterization, sensor fabrication, and sensor test. W.Y. designed the flexible PCB and App interface. Z.J. and J.L. helped with material characterization. L.Z. helped with data analysis. C.W., P.S., Q.J., W.Y., Z.F., and G.L. co-wrote the manuscript. All authors analyzed and discussed the results. All authors have given approval to the final version of the manuscript.

Notes

The authors declare no competing financial interest.

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ABBREVIATIONS

UV, ultraviolet; NO₂, nitrogen dioxide; 2D TMDCs, two-dimensional transition metal dichalcogenides; PI, polyimide; Cu, copper; IDEs, interdigitated electrodes; PDMS, polydimethylsiloxane; PET, polyethylene terephthalate; FPCB, flexible printed circuit board; GA-BP, genetic algorithm-optimized backpropagation; GUI, graphical user interface; HR-TEM, high-resolution transmission electron microscopy; SEM, scanning electron microscopy; XRD, X-ray diffraction; XPS, X-ray photoelectron spectroscopy; EDS, energy dispersive spectroscopy; I-V, current-voltage; LOD, limit of detection; RH, relative humidity; RSD, relative standard deviation; NTC, negative temperature coefficient; MSE,

mean square error; ADC, analog-to-digital conversion; MCU, microcontroller; GND, Ground

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